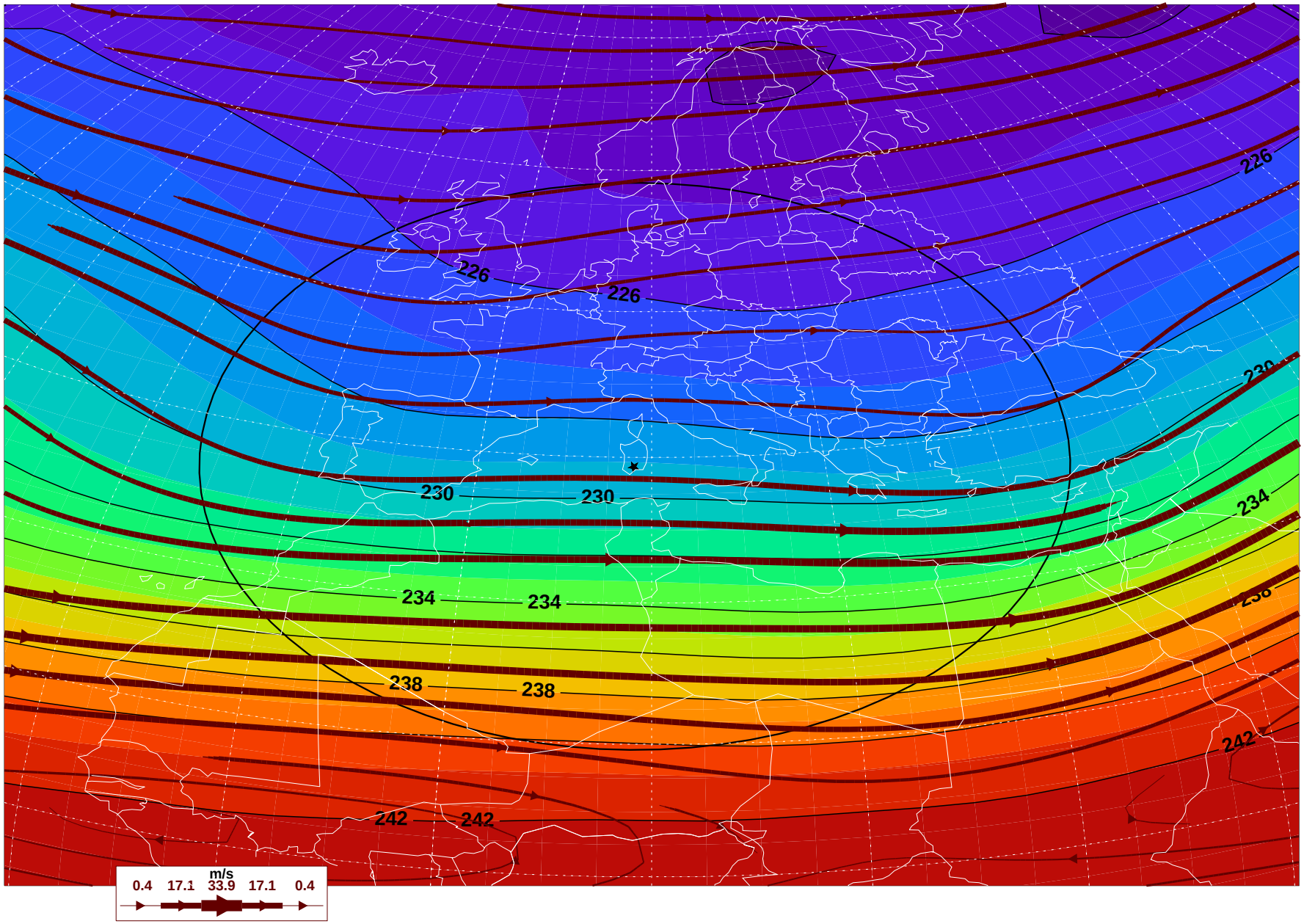Temperature (K) May 1979-2009 300 hPa