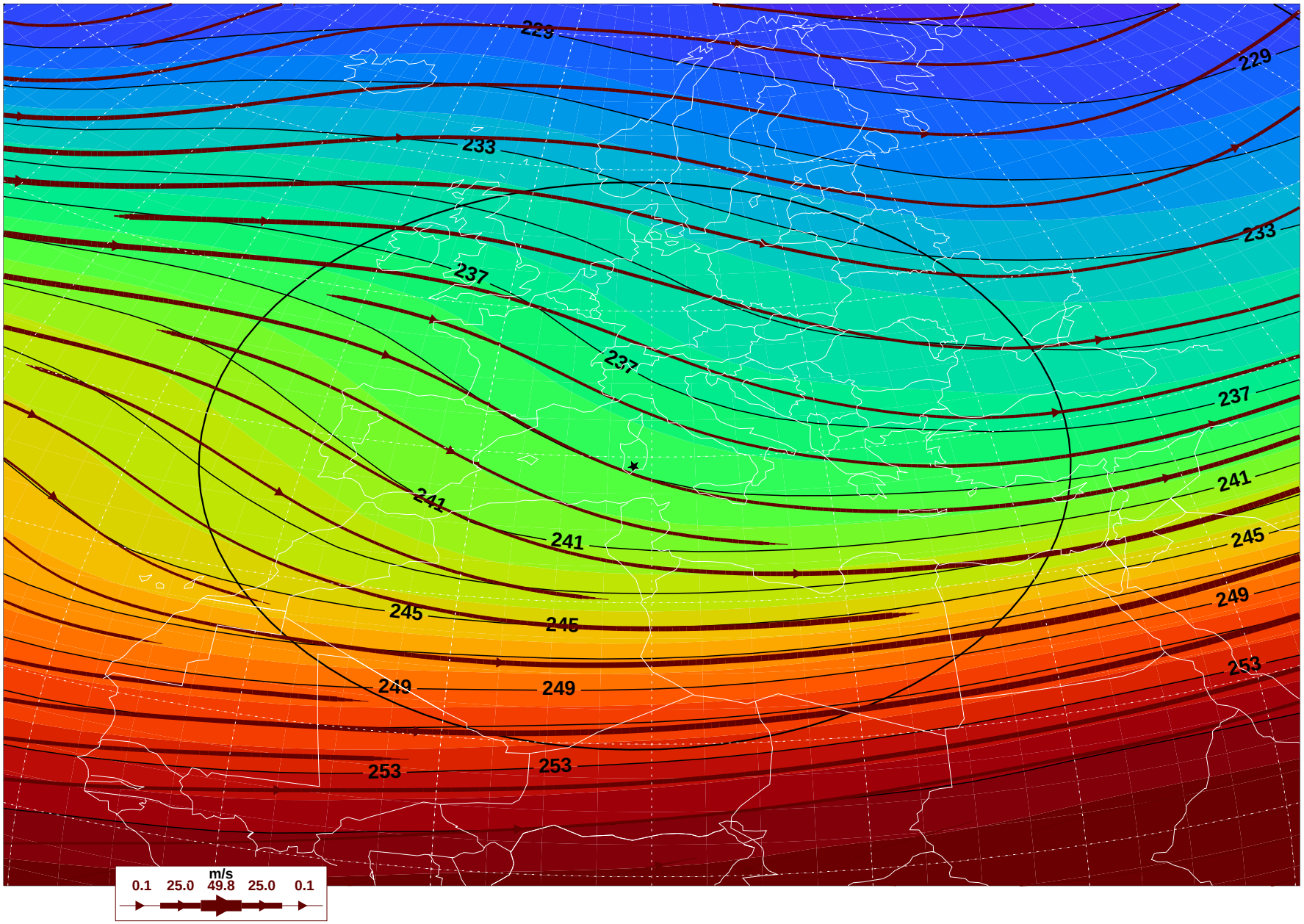Temperature (K) January 1979-2009 400 hPa