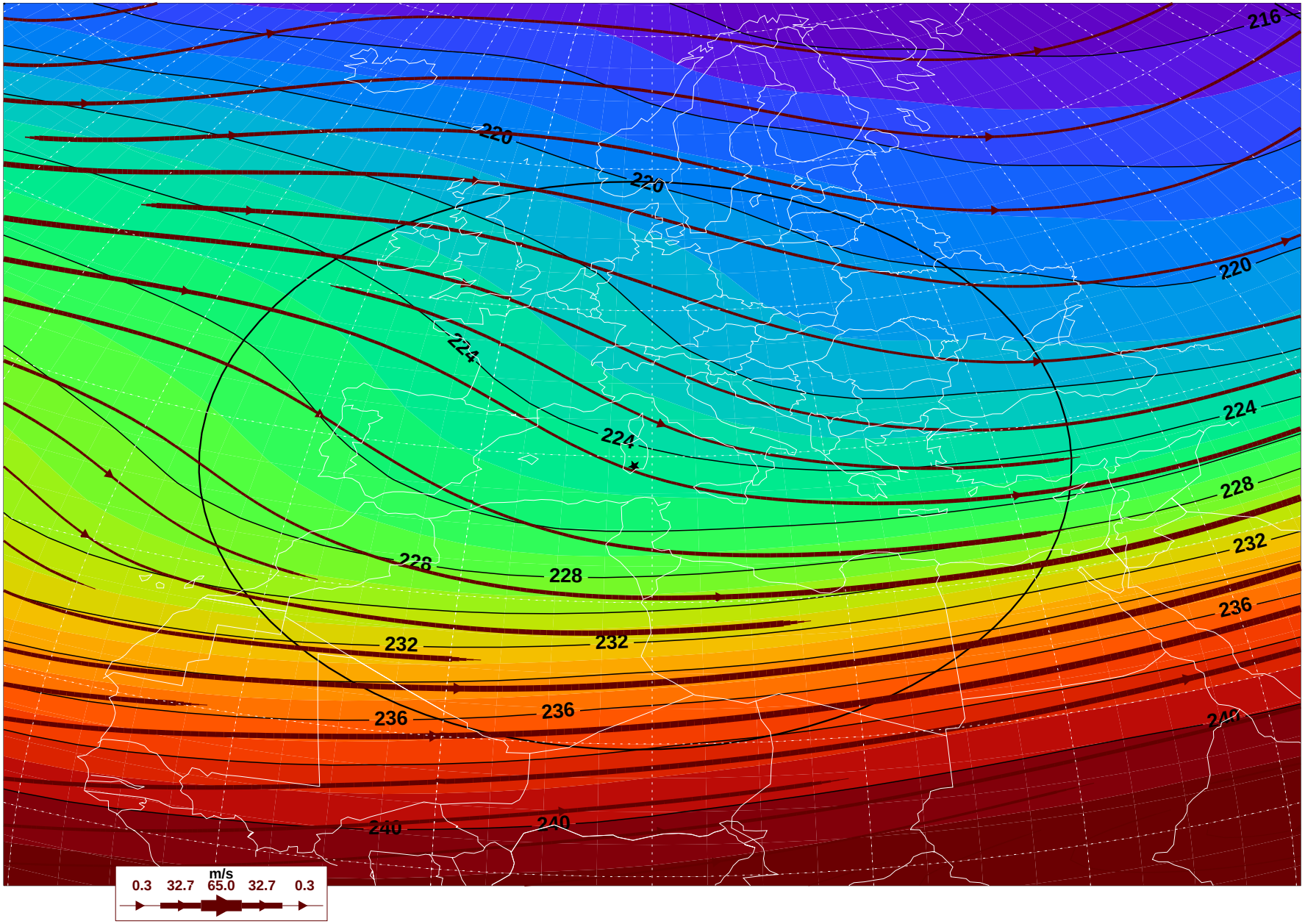Temperature (K) January 1979-2009 300 hPa