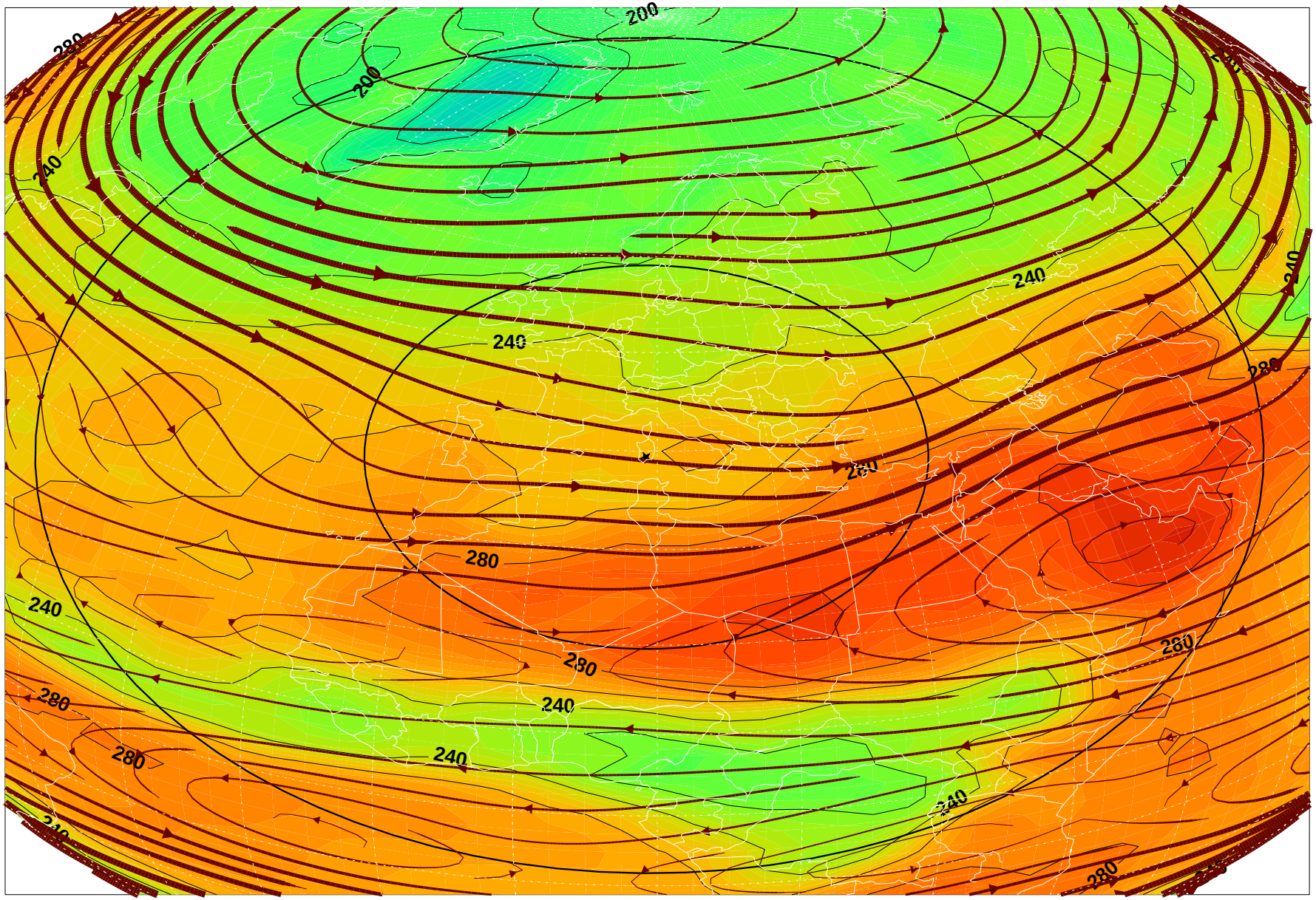OLR (W/m2) September 1979-2009 300 hPa