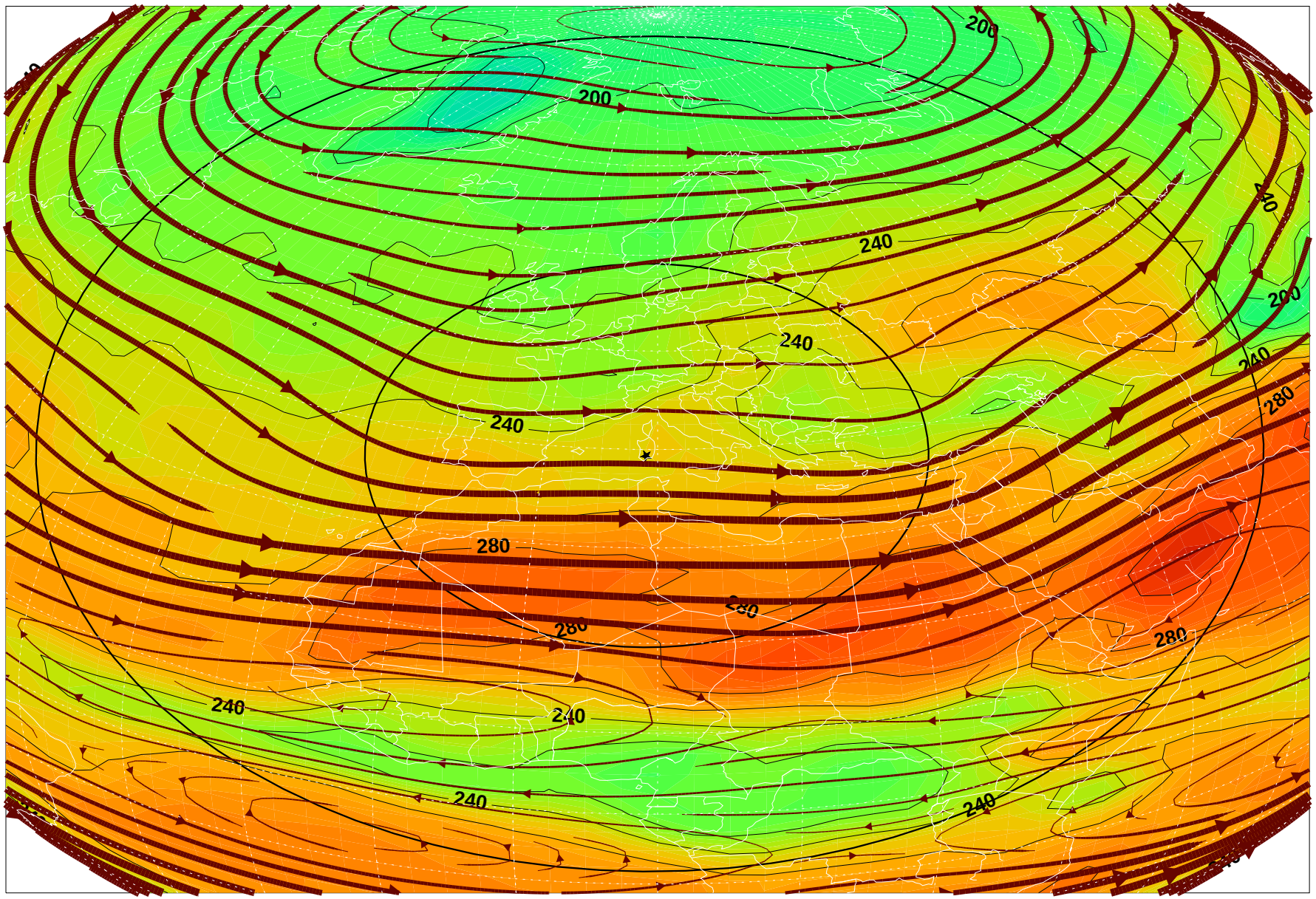OLR (W/m2) May 1979-2009 300 hPa