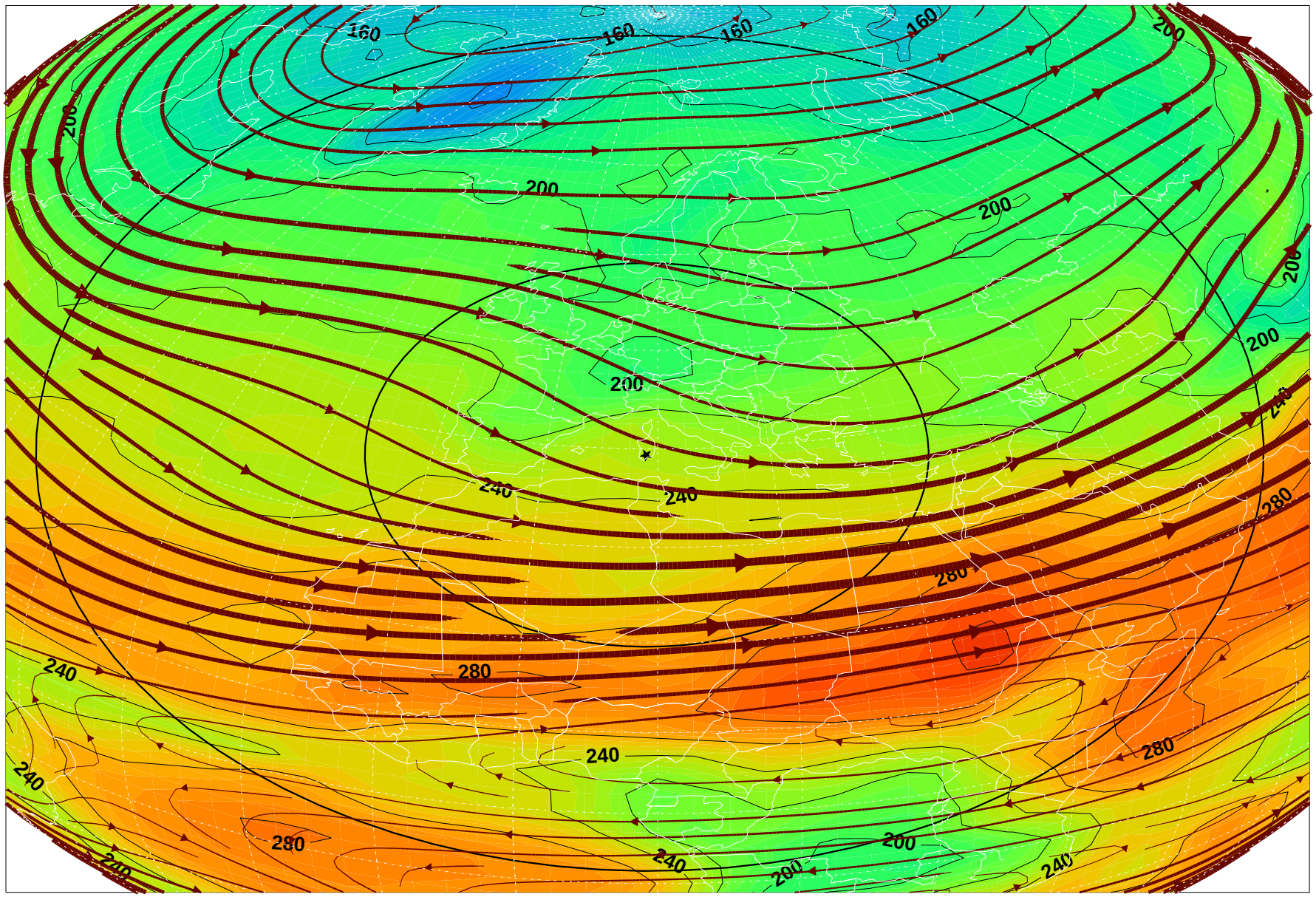OLR (W/m2) March 1979-2009 300 hPa