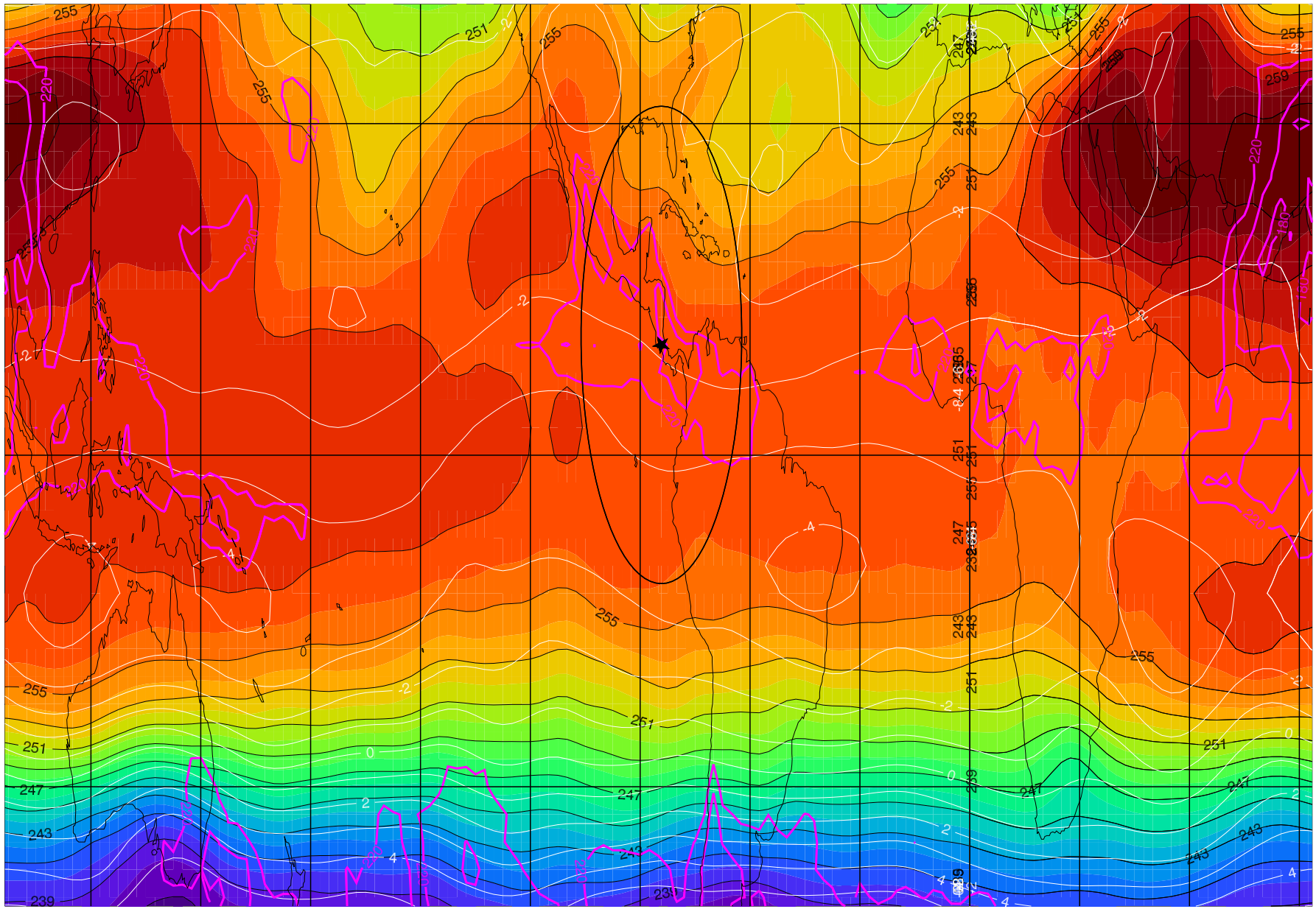400 hPa Temp. (K) July 1984.00